



# Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

## Middleport to Albion

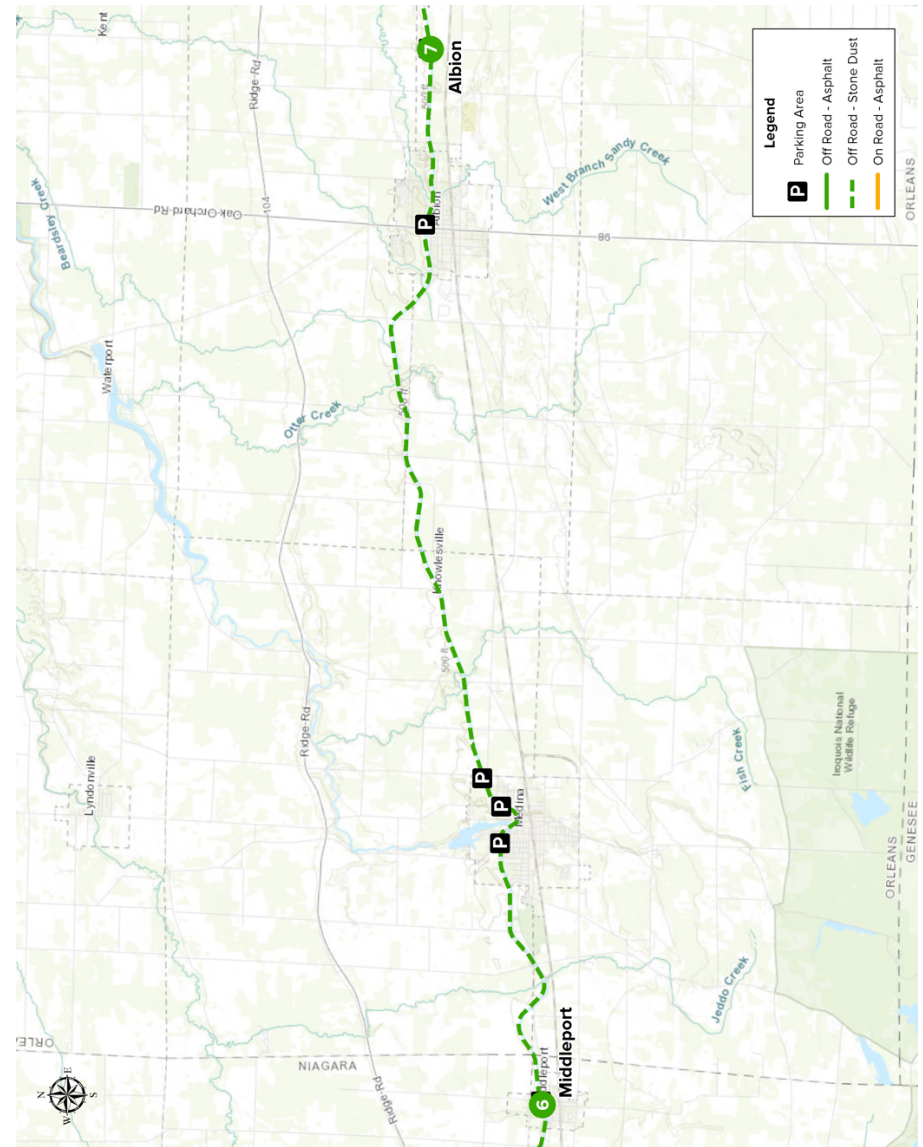
Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

**Start** **6** Middleport

Turn	Notes	Distance
↑	Continue onto Erie Canal Heritage Trail	1.48 mi
→	Turn right toward Prospect Ave	115 ft
→	Slight right to continue on Erie Canal Heritage Trail	1.54 mi
→	Turn right to stay on Erie Canal Heritage Trail	1.33 mi
↑	Continue straight to stay on Erie Canal Heritage Trail	4.93 mi
←	Turn slight left onto Eagle Harbor Knowlesville Rd	85 ft
↑	Continue onto Erie Canal Heritage Trail	3.42 mi
→	Turn right onto Ingersoll St	33 ft
←	Turn left onto Erie Canal Heritage Trail	2.79 mi

**End** **7** Albion

## Eastbound along Erie Canal Trail



**Disclaimer:** Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.